



WHAT'S The Word?

A Newsletter for Catholic Youth

St. Mary's
Our Lady of the Lake

31 Elm Street
Cooperstown, NY.

May 2021

Mass Times
4:30 pm Sat.
9:00 am Sun.

The Ascension—May 13, 2021

Forty days after Easter Sunday is the Solemnity of the Ascension of the Lord. It is also known as Ascension Thursday and is one of eight holy days of obligation.

On this day we celebrate the day Jesus went up (ascended) to heaven to be seated at the right hand of the Father.

After his resurrection, Jesus stayed with his disciples for 40 days, speaking to them about the Kingdom of God. Then it was time for Jesus to return to the Father in heaven. Before leaving he gathered

his disciples and spoke with them.

"When they had gathered together they asked him, 'Lord, are you at this time going to restore the kingdom to Israel?' He answered them, 'It is not for you to know the times or seasons that the Father has established by his own authority. But you will receive power when the Holy Spirit comes upon you and you will be my witnesses in Jerusalem, throughout Judea and Samaria, and to the ends of the earth.'" When he had said this, as they were looking on, he was lifted up, and a cloud took him from their sight. While they were looking intently at the sky as he was going, suddenly

two men dressed in white garments stood beside them. They said, 'Men of Galilee, why are you standing there looking at the sky? This Jesus who has been taken up from you into heaven will return in the same way as you have seen him going into heaven.'"

(Acts 1:6-11)

Jesus did not leave us alone. Jesus intercedes for us and is with us as he promised. When he ascended, he left the Church in Peter's hands. This responsibility has been handed down to all the Popes throughout history.



The Apostle's Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; **he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.** I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Gospel -Pentecost- May 23, 2021

The Birthday of the Church

"On the evening of that first day of the week, when the doors were locked where the disciples were, for fear of the Jews, Jesus came and stood in their midst and said to them, 'Peace be with you.'

When he had said this, he showed them his hands and his side.

The disciples rejoiced when they saw the Lord.

Jesus said to them again, 'Peace be with you.

As the Father has sent me, so I send you.'

And when he had said this, he breathed on them and said to them,

"Receive the Holy Spirit. Whose sins you forgive are forgiven them, and whose sins you retain are retained." (Jn 20:19-23)

After the Ascension, Jesus told his disciples to gather together and devote themselves to constant prayer. They prayed for 9 days before receiving the Holy Spirit on Pentecost. Those nine days of prayer are considered the first novena.

On Pentecost, Jesus

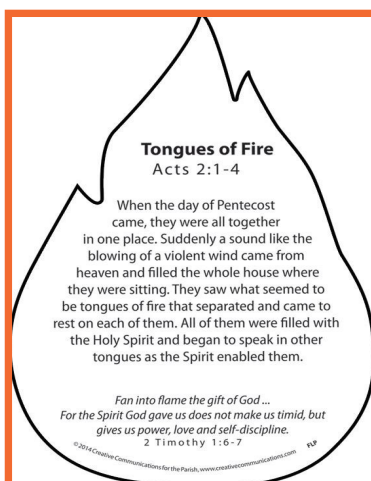
appears to his disciples and gives them the power to forgive sins. The disciples were the first priests. Through the sacrament of confession we receive forgiveness of our sins by confessing them to a priest.

Priests are able to forgive our sins in the name of Jesus and Jesus forgives our sins through the priest.



Pentecost People

Come, Holy Spirit, and make us Pentecost people. Let your wisdom and right judgment guide our decisions and temper our impulses. Let knowledge and understanding increase our capacity for empathy and compassion. Let reverence and awe fill us with gratitude and respect for all of creation. Give us the courage to witness boldly to our faith in word and deed. Through and with and in Jesus Christ, we pray. Amen.



Family Fun -Celebrate the Birth of the Church with a Pentecost Cake

Start with a white cake and white frosting . The cake can be home-made or store-bought, which ever you choose. To keep it simple, you can just use a white cake mix.

Place a large candle in the enter of the cake to represent Christ our Light, who promised to send the Holy Spirit.

Add 12 birthday candles to represent the 12 Apostles and the tongues of fire.

Make 7 red hearts using candy or icing, to represent the 7 gifts of the Holy Spirit.

Use 12 strawberries to represent the 12 fruits of the Holy Spirit.

Before cutting the cake, let the children blow out the candles representing the "mighty wind." and recite the Pentecost prayer on the prayer bar.

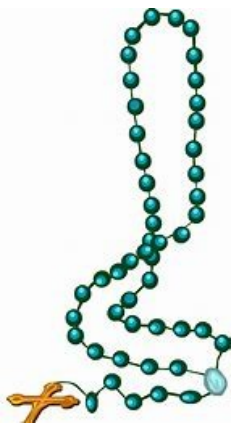


May — Month of Mary

During the month of May, we remember Mary, the Mother of Jesus. Mary, is the greatest of all the saints. Although Mary is honored every day of the year, during the month of May she is specially honored by devotions around the world.

Many parishes celebrate by having a May crowning of a statue of Mary. During the May Crowning a statue of the Blessed Virgin Mary is crowned with flowers honoring her as the Queen of heaven and earth. Children of all ages are welcomed to participate in their parish's May Crowning. It is a beautiful devotion to Our Lady.

Praying the Rosary is another popular devotion to Mary. The Rosary is usually prayed using a string of beads with an attached crucifix. To pray the Rosary, begin with the Sign of the Cross. Then, pray the Apostles' Creed. On every large bead, pray the Our Father. On every small bead, pray the Hail Mary. Pray a Glory Be to the Father and the Fatima Prayer (Oh my Jesus, forgive us our sins...) after each set of small beads. To end the Rosary, pray the Hail, Holy Queen.



Hail Mary Worksheet

USE THE WORD BANK BELOW TO FILL IN THE PRAYER

Hail Mary,
full of _____, the _____ is
with thee. _____ art thou
amongst _____, and
blessed is the _____ of thy
_____, Jesus. Holy _____,
Mother of _____, _____ for
us _____, now
and at the _____
of our _____.
Amen.

Word Bank

sinners	grace	Lord	fruit
Lord	womb	Blessed	hour
pray	death	women	God Mary

Family Activity Ideas for May

Plant flowers in your yard in honor of Mary



Make May (Mary) baskets to give to family and friends. Making Mary baskets is a lovely tradition that involves a decorated basket being left anonymously on someone's door.



Make Mothers Day cards for elderly parishioners or neighbors.




Have your own May Crowning at home.



Practice praying the Rosary or prayers of the Rosary.





THE FATIMA PRAYER

Oh my Jesus, forgive us our sins.
Save us from the fires of Hell.
Lead all souls to Heaven,
especially those in most
need of Your Mercy.



Hail Holy Queen



Hail, holy Queen, Mother of mercy, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.



St. Mary's Our Lady of the Lake

*Please join us for our
May Crowning*

Saturday, May 15th, following the 4:30 pm
Vigil Mass (around 5:30)
St. Mary's churchyard

All are welcome to bring flowers and/or plants to placed
by the statue of Our Lady
Plant pots and vases should be plastic