



# WHAT'S The Word?

A Newsletter for Catholic Youth

St. Mary's  
Our Lady of the Lake

31 Elm Street  
Cooperstown, NY.

April 2021

Holy Week Mass Times

Holy Thurs—7 pm

Good Fri—7 pm

Holy Sat/Vigil—8 pm

Easter—9 am & 12 pm



## The Paschal Triduum



The Paschal Triduum is the three day period, before Easter Sunday (Holy Thursday, Good Friday and Holy Saturday), that marks the end of the season of Lent and the beginning of the season of Easter.

Holy Thursday (of Holy Week) is the first day of the Triduum. It begins with the Mass of the Lord's Supper (which is also the First Eucharist.) This Mass usually includes a ritual washing of the feet in

remembrance of Christ's washing the Apostle's feet at the Last Supper.

Good Friday is the day Jesus died on the Cross. This is a day of fasting, prayer and mourning. Praying the Stations of the Cross is common. The church liturgy usually includes paying our respects to a cross in front of the church symbolizing the cross that Jesus died on and the sacrifice he made for us.

Holy Saturday is the high point of the

Triduum. This is a day of reflection on Jesus' death and burial as we wait for the Easter Vigil. The Vigil begins Holy Saturday evening with the lighting of the Paschal candle and lasts until Easter morning.

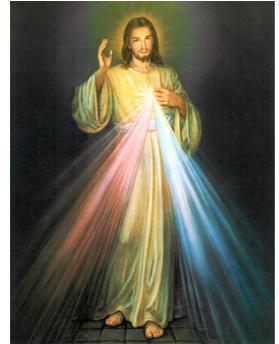


## The Apostle's Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried; he descended into hell; on the third day he rose again from the dead; he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

## Divine Mercy Image



"Jesus, I Trust in You"

## Divine Mercy Chaplet

1-Begin with making the sign of the cross, one Our Father, one Hail Mary and the Apostles Creed.

2-Then on the Our Father Beads (the big bead) say the following:

Eternal Father, I offer you the Body and Blood, Soul and Divinity of your Dearly Beloved Son, Our Lord, Jesus Christ, in atonement for our sins and those of the whole world.

3-On the 10 Hail Mary Beads say the following:

For the sake of His sorrowful Passion, have mercy on us and on the whole world. Repeat Step 2 & 3 for all 5 decades  
4-Conclude with (3 times): Holy God, Holy Mighty one, Holy Immortal one, have mercy on us and on the whole world.



## Gospel - Easter Sunday



On the first day of the week, Mary of Magdala came to the tomb early in the morning, while it was still dark, and saw the stone removed from the tomb. So she ran and went to Simon Peter and to the other disciple whom Jesus loved, and told them, "They have taken the Lord from the tomb, and we don't know where they put him." So Peter and the other disciple went out and came to the tomb. They both ran, but the other disciple ran faster than Peter and arrived at the tomb

first; he bent down and saw the burial cloths there, but did not go in. When Simon Peter arrived after him, he went into the tomb and saw the burial cloths there, and the cloth that had covered his head, not with the burial cloths but rolled up in a separate place. Then the other disciple also went in, the one who had arrived at the tomb first, and he saw and believed. For they did not yet understand the Scripture that he had to rise from the dead. (John 20:1-9)

We began our Lenten journey with Jesus on Ash Wednesday. We followed Jesus as we accepted his invitation to take up our cross and follow him. We were with Jesus as he entered Jerusalem on Palm Sunday. On Holy Thursday Jesus bent low and washed our feet. On Good Friday Jesus gave his life for ours on the cross. Having sat at the table with him and having stood at the cross with him, we can now stand at the empty tomb and proclaim, with Mary Magdalene, *Jesus is risen!* Death did not have the final word. Light has overcome darkness; new and everlasting life is offered to all people. -Michael Moore OMI -



Part of celebrating the Easter season is recognizing the gift that God gave us in the Death and Resurrection of his Son. An important way to celebrate Easter as a family is to go out together to be a gift to others in the world. Your family

members can make a plan to impact your community in a meaningful way as you share the Good News of Jesus Christ with neighbors in need. As a family, brainstorm ways that you could go out and bring the hope of the Resurrection to someone or a group in need. Once you have considered some options, decide on one and make a plan. Perhaps you will volunteer together in a community garden and donate the produce that you helped grow to a homeless shelter. Whatever you choose to do, continue your commitment to serving others weekly until Pentecost.

-Sadlier Religion-

## Divine Mercy Sunday

Divine Mercy Sunday is celebrated on the Second Sunday of Easter. It is based on the private revelations of Jesus to St. Faustina Kowalska. Jesus asked her to promote a particular devotion to His Divine Mercy.

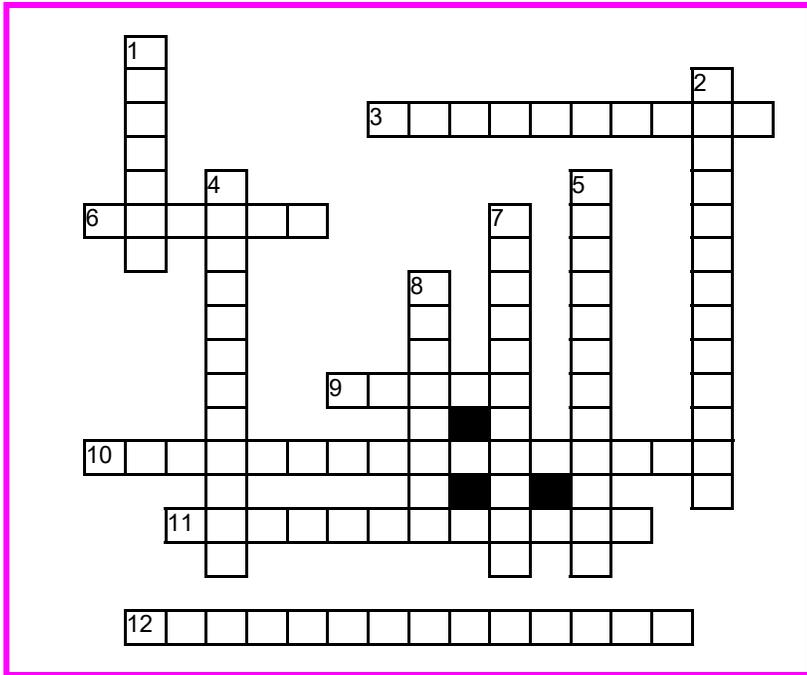
The Chaplet of Divine Mercy is a set of prayers used as part of the Divine Mercy devotion.

It is usually said using a standard set of rosary beads, often at 3 p.m. (the time of Jesus' death), but with a different set of prayers than those used in the rosary. For a simple way to pray, take a moment and say, "Jesus, I Trust in You"



# Cross "WORD" Puzzle

## We Remember How He Loved Us



### Across

- Jesus died on \_\_\_\_\_.
- Divine Mercy Sunday is celebrated on the \_\_\_\_\_ Sunday of Easter.
- "He is \_\_\_\_\_!"
- For the sake of His \_\_\_\_\_, have mercy on us and on the whole world.
- On \_\_\_\_\_ we celebration the Resurrection of Jesus.
- The three day period before Easter Sunday is known as the \_\_\_\_\_.

### Down

- The \_\_\_\_\_ of Divine Mercy is a set of prayers used as part of the Divine Mercy devotion.
- \_\_\_\_\_ discovered the rock had been moved from Jesus' tomb
- a special day for reflection on Jesus' death and burial (The high point of the Paschal Triduum) \_\_\_\_\_.
- The Mass of the Lord's Supper is celebrated on \_\_\_\_\_.
- St. Catherine of Siena is the \_\_\_\_\_ of Italy and Europe.
- Jesus washed the feet of the \_\_\_\_\_.

## Saint of the Month — Catherine of Siena

### Feast Day—April 29th

**Patron Saint** of Italy (with Francis of Assisi) and Europe.

St. Catherine is a Doctor of the church. At a very young age she pledged herself to Christ and had visions of Christ. At the age of 18, she entered the Third Order of Saint Dominic

She later became a Dominican nun. She devoted her life to improving the Catholic church, helping the ill, poor, and spiritually underprivileged.

"You must believe in truth that whatever God gives or permits is for your salvation."

St. Catherine of Siena



## I Remember When...

### Holy Week



It was Wednesday of Holy week, around 1955. My brothers Johnny Boy, Robert and myself were sitting at the dinner table with Mom. Mom tells us that Its going to be a busy few days. Tomorrow is Holy Thursday, after the Mass of the last supper, we will visit churches to remember the early Christians doing so as a penance. On Good Friday we do not eat meat or eat in between meals and we will attend The Stations of the Cross at 3 O'clock. Saturday, we have Easter Duty, "Do you know what Easter duty is, Pat?"

she asked me. "Of course", I responded, "that's when we color eggs"! Mom explained that Easter is when we all go to Confession (reconciliation) on Holy Saturday. Sometimes grownups work on Saturdays or if they are in the army and can't go during the year. It is their duty to go at least once a year and it is called our Easter Duty. My brother, Robert, asked why we have to go to confession once a week if other people only have to go once a year? With a great big smile my mother said, "Because, Robert, you are such saintly little children. And remember, Easter Sunday is so special because Jesus rose from the dead and the doors of heaven

opened for us to enter and be with God forever,....if you do your Easter Duty."

-Patricia Hatch-



If you would like to see a family member's childhood faith memory in our newsletter, please have them submit a written copy to the St. Mary's Faith Formation Office.



## "WORD" Search



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|-----------------|-------------------|-------------|
| Mary Magdalene  | Sorrowful Passion | Chaplet     |
| Patron Saint    | Apostles          | Good Friday |
| Holy Thursday   | Holy Saturday     | Risen       |
| Paschal Triduum | Easter Sunday     |             |