

# *St. Mary's Our Lady of the Lake*

*Christ Centered + Biblically Grounded + Sacramentally Nourished +  
Serving Our Neighbors in Christian Love*

June 14, 2020 ~ The Most Holy Body and Blood of Christ

[www.rcda.org/livestream](http://www.rcda.org/livestream)



# REMAIN

“Whoever eats my flesh and  
drinks my blood remains in  
me and I in him.”

JOHN 6:56

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## **Interim Parish Administrator**

**Karen Walker ~ 607-264-3779**

[pastor@stmaryscoop.org](mailto:pastor@stmaryscoop.org)

Karen is in St. Mary's parish office each  
Monday or can be reached by phone.

## **Parish Office ~ 547-2213**

Kitty Dykstra

Administrative Assistant/ Bookkeeper  
Monday, Wednesday & Thursday  
9:00 AM – 1:00 PM

## **Faith Formation Director ~**

POSITION AVAILABLE

call 315-269-8434 for information

## **Anointing of the Sick ~ 547-3626**

Call the Parish Office, or if at the hospital,  
contact the Chaplain Office's office

## **Trustees**

Peter Henrici

Raymond McGoldrick

## **Finance Chair**

Vincent Russo

## **Pastoral Planning Chair**

Rob Bohm

## **Church Sexton**

Frank Liberati ~ 607-644-5958

## **Cemetery Sexton**

John Sansevere ~ 607-435-9137

31 Elm Street  
Cooperstown, NY 13326

607-547-2213

<https://stmaryscoop.org/>

Dear People of God;

We are opening, with new mass times, effective Saturday June 20<sup>th</sup>:

**Saturday mass at St. Mary's in Cooperstown will be at 6:30pm and Sunday at 8:30am.**

Cherry Valley times are Saturday 4:30pm and Sunday at 11am.

Fr. Kenneth Doyle will say masses in both Cherry Valley and Cooperstown.

He is traveling from and back to Albany each weekend.

We are only allowed 25% capacity AND must follow safe distancing rules.

We realize some people come as families, or couples, or as singles; we must allow 6 foot between each group so we will have ushers to seat you.

Reservations are not allowed. We do hope anyone who is older, has a health concern or cannot wait in line will stay home for the first couple weeks until we get the process smoother. The dispensation is still in effect.

We must take attendance for tracking purposes; all must wear masks and sanitize hands. We will have ushers seat people so we can maintain the safe distances. This will require a lot of patience!

We can only open under strict guidelines so we are doing our best. We are planning to live stream to the parish hall for overflow with the same rules, hopefully without turning anyone away. We can't wait to welcome you home, the end is in sight! Thank the Lord.

Karen and the Pandemic Safety Committee

**Thank you for your generous support ~ June 7**

**Mailed Donations: \$ 2,476.00 / E-giving: \$ 1,132.35**

Thank you all for sending in your weekly donations, we are very appreciative and are trying to be good stewards. Collections will not be taken up in baskets when we reopen. Under the guidelines we will have a locked box by the entrance (rear door) for all donations and offerings.

As good stewards, we ordered two new, outdoor, American flags this week, one for the cemetery and one for the church. We've ordered a heavy material so they won't tatter in the wind. Donations to offset these costs are always appreciated.

Thank you to Janet Eckerd and Jeff Woeppele who have made donations toward the PPE needed to open, all help is appreciated.

**Some additional points to know as we "Re-Open"**

- The dispensation from the obligation to attend Sunday mass remains in place (For livestream information, visit <http://rcda.org/livemass>)
- the mass times will change, at least temporarily, to share our sacramental minister and to clean and sanitize between masses
- we may not take up a collection, person to person, so we will use our locked box as you enter the church for donations
- COMMUNION WILL BE DISTRIBUTED BUT THERE WILL BE SPECIAL INSTRUCTIONS GIVEN
- no coffee hour is allowed nor is congregating to visit in church or parking lot
- restrooms will be for emergencies only
- bulletins are not allowed to be distributed so we will continue to email and mail
- hymnal are not allowed nor can anyone bring one from home

June 14 is Flag Day. Did you know that on June 14, 1777, the Second Continental Congress, meeting in Philadelphia, passed the Flag Act of 1777, a resolution creating an official flag for a new nation still struggling to gain its independence from Britain. It stated, in part, that America's flag "...be made of thirteen stripes, alternate red and white; that the union be thirteen stars, white in a blue field, representing a new Constellation." There have been changes in the last 243 years but the American flag still represents a nation struggling.



Pray for the sick and homebound of our parish:  
Fr. Peter Pagonos ~ Ivy Bischof ~  
Maureen Brennan ~ David Butler ~ Vin Cronin ~  
Mary Devenpeck ~ Robert Davenport ~  
Richie Davy ~ Stephen Markuson ~ Senator Jim Seward ~  
Bradley Smith ~ Sarah Tarr

Pray for members of the military  
from our families  
Liam Dolan-USMC ~ Ryan Barrow

Please call the Parish Office to add any names.



### **FOR THE GARDEN OF YOUR DAILY LIVING:**

#### PLANT THREE ROWS OF PEAS:

Peace of mind  
Peace of heart  
Peace of soul

#### PLANT FOUR ROWS OF SQUASH:

Squash gossip  
Squash indifference  
Squash grumbling  
Squash selfishness

#### PLANT FOUR ROWS OF LETTUCE:

Lettuce be faithful  
Lettuce be kind  
Lettuce be patient  
Lettuce really love one another

#### NO GARDEN IS WITHOUT TURNIPS:

Turnip for meetings  
Turnip for service  
Turnip to help one another

#### TO CONCLUDE OUR GARDEN WE MUST HAVE THYME:

Thyme for each other  
Thyme for family  
Thyme for friends

Water freely with *patience* and cultivate with *love*.  
There is much fruit in your garden because you reap what  
you sow.

### CATHOLIC BIBLE IQ

- 1) Fill in the blank "Whoever does not work should not\_\_\_\_"(2 Thess 3:10)  
a) rest,  
b) play,  
c) eat,  
d) live
- 2) What is the "root of all evil" (1 Tim 6:10)?  
a) money,  
b) the love of money,  
c) selfishness,  
d) turnips
- 3) What is "inspired by God and useful to teach us"?  
a) all scripture,  
b) the ministry of the apostle Paul,  
c) all the events of the world,  
d) all of the above

*Answers from last week's questions*

- 1) What occupation did Paul use to make a living? **b) made tents**
- 2) In what city did Demetrius start a riot shouting "Great is Artemis of the Ephesians!"  
**b) Ephesus**
- 3) Finish this verse: "It is more blessed to give than to ..." (Acts 20:35) **b) receive**

Sacred Heart (Troy) School's 22nd Annual Auction has "*Sprouted Wings*"

<https://biddingowl.com/SacredHeartSchool21678>

Complete directions on the auction home site  
Online Auction Dates: June 22- 26





## SUNDAY'S READINGS

### FIRST READING:

"Not by bread alone does one live,  
but by every word that comes forth from the mouth of  
the LORD." (Dt 8:3b)

### PSALM:

Praise the Lord, Jerusalem. (Ps 147) or Alleluia

### SECOND READING:

Because the loaf of bread is one,  
we, though many, are one body,  
for we all partake of the one loaf. (1 Cor 10:17)

### GOSPEL:

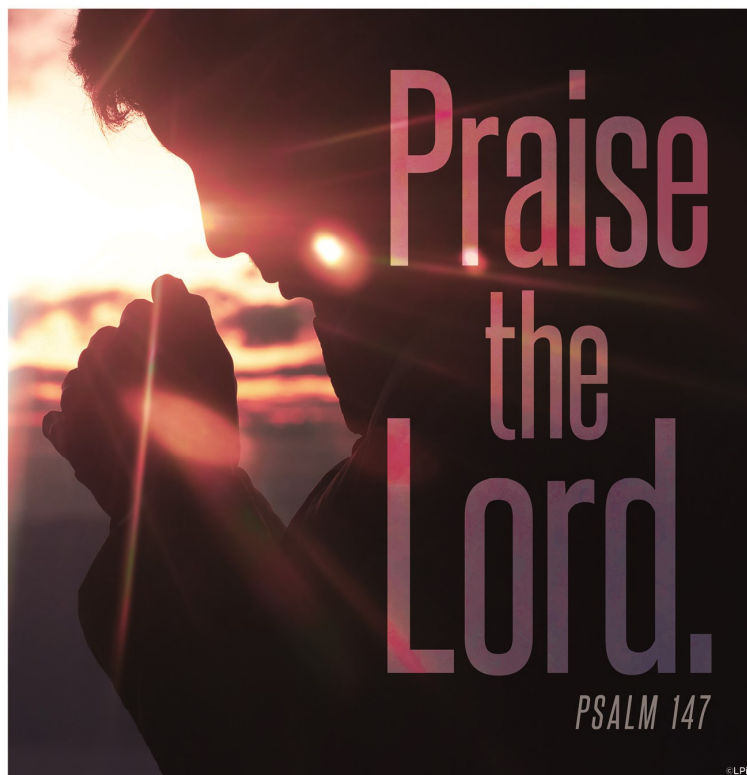
"For my flesh is true food,  
and my blood is true drink.  
Whoever eats my flesh and drinks my blood  
remains in me and I in him." (Jn 6:55-56)

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### OBSERVANCES FOR THE WEEK OF JUNE 7, 2020

Sunday: The Most Holy Body and Blood of Christ; Flag Day  
Friday: The Most Sacred Heart of Jesus  
Saturday: The Immaculate Heart of the Blessed Virgin Mary;  
World Refugee Day  
Next Sunday: 12th Sunday in Ordinary Time; Father's Day



## REFLECT

### FIRST READING

Moses reminds the Israelites of how God's miraculous gifts of manna (bread) and water (early images of the Eucharist) helped them through their trials and tribulations. How would you explain to a friend how the Eucharist sustains you through difficult times?

### SECOND READING

Paul spoke of how the believers in Corinth celebrating the Eucharist were engaged in an act of "participation" in the Body and Blood of Christ. How do you imagine the Corinthians reacting to this description?

### GOSPEL READING

We hear in today's Gospel the closing remarks from Jesus' Bread of Life discourse. As a Christian who believes in the Eucharist, how would you answer the Jews' original question: "How can this man give us his flesh to eat?"

THE MOST HOLY BODY AND BLOOD OF CHRIST



## THE HEART OF STEWARDSHIP

What else is there to give when one has already given away one's body and one's life? What more can one say or do to demonstrate love for another when all one had has been given to another? This total giving of self to loved ones cannot be trumped by flowery words or material gifts that are fleeting. This is the ultimate in love. This is the love Jesus had for us on the way to his Passion, at the institution of the Holy Eucharist. This is the love he has for us daily in the celebration of the Mass on altars in every church, in every city, in every nation on earth. No one can give more. No one can ask for more. This is the true heart of Christian stewardship.

If you take the time to gaze upon your God in the simplest of forms and begin to reflect

on what has actually taken place with bread and wine becoming the presence of the Divine, then you can begin to understand true humility, sacrifice, and love. And when you have the privilege to take that Real Presence into your body at the meal where you are an honored guest, you become one with the One who is the embodiment of stewardship.

Then, you must ask yourself, "How can I even begin to reflect the love that I have encountered at this feast?" The answer is you can begin with the simple actions of the day: where will you go, whom will you meet, and in what work will you partake? Jesus Christ has shown that the greatest gift ever given can be disguised in this world in a piece of bread. By joining your body to his, he can now transform human hearts, not by grand acts, but by everyday acts, by everyday people, practicing Everyday Stewardship.

—Tracy Earl Welliver, MTS

## WHY DO CATHOLICS PRAY TO MARY AND THE SAINTS?

One of the statements of faith we make when we pray the Nicene Creed and the Apostles Creed is that we believe in "the communion of saints." The Catechism of the Catholic Church reminds us that this communion (another word for community) includes all the faithful on earth, the souls in Purgatory, and the blessed women, men, and children who are in heaven. This teaching is grounded in our belief that, through Baptism, we are united with Christ and to one another with bonds that are stronger even than death.

And so from the time of the early Church, Christians have turned to other believers for prayers and assistance, including those who have gone before us, confident that God hears the prayers of all of His children. While we ask the saints (and one another) for prayers and support, we remember that the saints join us in prayer. But it is God who blesses and sanctifies us.

When we think of Mary and the saints in heaven, we have to remember

that we can turn to them for intercession and assistance because they were faulted, limited human beings, just like us. This means that they are able to understand our struggles, doubts, fears, joys, and hopes. But as we learn their stories, we can also begin to recognize that they stand out in the history of the Church because they persevered in their commitment to follow Christ. Whether they were ordained, vowed religious, martyrs, husbands, wives, or even children, they show us that holiness is possible. We can not only follow their example but also benefit from their prayerful support.

Our devotion to the saints and gratitude for their witness, prayers, and protection should also be an inspiration for us, especially when we become aware of the needs of others or when others ask us to pray for them. We are called to share the blessings we receive. This is also part of our own journey of growing in holiness.



**HAVE YOU  
PRAYED TODAY?**

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**JUNE 14, 2020**

## LIVE THE LITURGY

INSPIRATION FOR THE WEEK

They recognized him in the breaking of bread. This was the amazing revelation or epiphany that occurred on the Road to Emmaus. Bread that had been transformed into the Body of Christ opened the eyes of the disciples and showed them who was really with them. Their hearts were burning. Sometimes we struggle with our belief in the Eucharist because we make it too much of an intellectual challenge. If God's divinity was wed to humanity in the incarnation of Christ, then why is it not possible for God to take simple elements of bread and wine and transform them into his Body and Blood? Affirm your faith today that the Eucharist you receive is God Himself. Become what you eat and allow God to embrace your soul and touch that part of you that no one else can touch.

“  
**CONSULT NOT  
YOUR FEARS,  
BUT YOUR  
HOPES AND  
DREAMS.**  
”

POPE JOHN XXIII

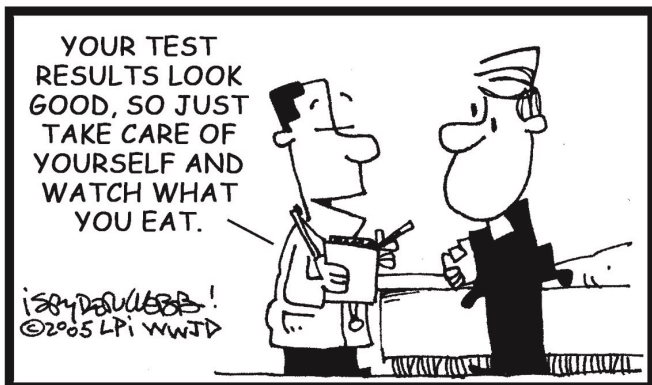
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### PLEASE CONSIDER ONLINE GIVING

Our parish is grateful for your continued support at this time. Thank you!



### BODY AND BLOOD OF CHRIST



THE MOST HOLY BODY AND BLOOD OF CHRIST



## GOSPEL MEDITATION

### ENCOURAGE DEEPER UNDERSTANDING OF SCRIPTURE

It is no wonder that followers of Christ are called the Body of Christ. After all, sharing in the same spiritual food and sacred meal, they become what they eat and reveal the Divine Image. There is so much power for healing in the community of believers. Through the Eucharist, Christ becomes as present in those who have partaken of his Body and Blood as he has the elements themselves. The very presence of God touches the depths of the human soul and visits a part of us that no human being can ever hope to explore. We are God's. The sacred Eucharistic meal is a celebration of intimacy, the reunion of two loves in constant search of and longing for the other.

The community of believers receives the power and the presence to touch and heal in the name of the One they have welcomed within. It is now within their grasp to change the way life is lived and to more intentionally put into practice the Beatitudes that the Divine Guest has revealed. We are asked to be like Christ and work to create a world of sufficiency, where the greed of



some no longer creates the want of others but where all of God's children can find a home and a place at the table of life. The One who makes a home within calls us to live a life that transforms. We are changed ourselves and now become agents of change for others. We are the Body of Christ. God is with us. We have been nourished.

Sadly, many are afraid to try. We know what we are called to do, but we struggle with feelings of doubt as to whether God really is

the Way, the Truth, and the Life. Do our systems have to change? Is it possible that we somehow missed the mark when we put all of our social networks in place and established the business of our lives? Perhaps we have to radically rethink our approach and that can scare us. We might have to give something up or change, and we don't want to. As long as want, injustice, division, prejudice, and scarcity still exist, there is tremendous work for the Body of Christ.

*"Just as the living Father sent me and I have life because of the Father, so also the one who feeds on me will have life because of me. This is the bread that came down from heaven. Unlike your ancestors who ate and still died, whoever eats this bread will live forever." - Jn 6:57-58*

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## SUPPORT OUR ADVERTISERS

Local businesses and sponsors that advertise on bulletins need you now more than ever before. Please encourage and remind others to show their support during this time.

**JUNE 14, 2020**



## 3 EASY STEPS

### TO KEEPING YOURSELF & OTHERS HEALTHY!

We are cautioned to be especially careful during the Coronavirus outbreak. Here are some simple ways to keep sickness away.



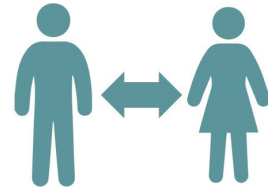
#### WASH YOUR HANDS

Wash your hands for at least 20 seconds using soap and water. If you can't wash your hands, use hand sanitizer frequently.



#### DON'T TOUCH YOUR FACE

Especially around the eyes, nose and mouth. If you must sneeze, use a tissue or your arm.

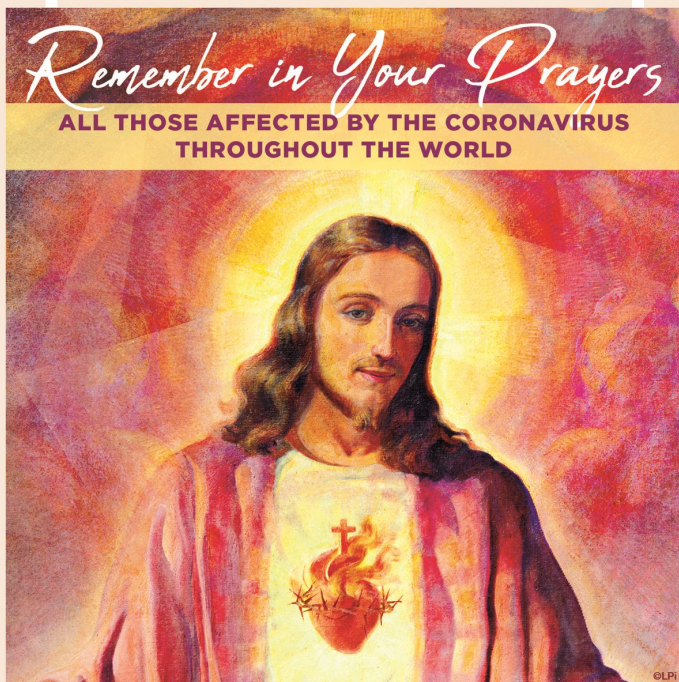


#### KEEP YOUR DISTANCE

Practice social distancing during this epidemic and stay away from large groups. Instead, call, email or check up on family and friends using social media.

I HAVE  
CALLED YOU  
BY NAME,  
AND YOU  
ARE MINE.

THE MOST HOLY BODY AND BLOOD OF CHRIST



*Compassionate and Loving Father,  
In the face of confusion and concern  
impart to us the calm of Your presence.  
In You allow us to find hope and healing.  
Be with those who serve the sick and  
give them Your caring hands.  
Be with those who lead and give them  
Your spirit of wisdom.  
Be with those who have fallen ill and  
give them Your comforting heart.  
Wrap Your arms around our world  
and hold us in Your love.  
Allow us at this time of trial to then  
serve as instruments of that love  
to all we meet.  
We ask this in Your Name.  
Amen*

*"I am the living bread  
that came down from  
heaven; whoever eats  
this bread will live  
forever; and the bread  
that I will give is my flesh  
for the life of the world..."*

*"For my flesh is true  
food, and my blood is  
true drink. Whoever eats  
my flesh and drinks my  
blood remains in me  
and I in him."  
- Jn 6:51, 55-56*

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